

## ANTIPASTI (STARTERS)

### Zuppa di pesce £8.90

Home-made fish soup served with croutons

### Minestrone dell' ortolano (V+) £6.90

Homemade fresh vegetable soup

### Prosciutto e melone £10.90

Authentic parma ham and melon

### Formaggio di capra con verdure alla griglia (V) £10.90

Grilled goats cheese served on a bed of roasted vegetables with a sun-dried tomato

### Funghetti trifolati (V) £8.20

Mushrooms cooked with extra virgin olive oil, garlic and parsley

### Melanzane alla parmigiana £10.90

Layers of baked aubergine, tomato, fior di latte mozzarella and grana padano cheese

### Avocado alla cardinale £10.90

Avocado pear with smoked salmon and prawns on a bed of mixed leaf served with a marie-rose sauce

### Patè della casa £9.10

Homemade liver pate

### Calamari fritti £9.90

Deep fried squid served with a tartare sauce

### Cozze alla san benedettese £10.80

Fresh mussels in a white wine, tomato and garlic sauce with a hint of chilli

### Sardine all' aglio £9.90

Pan-fried sardines served in a garlic and white wine sauce

### Argentini £9.90

Deep fried white bait served with a tartare sauce

### Asparagi alla parmigiana £10.40

Fresh asparagus served with melted butter and grana padano cheese

### Bruschetta pomodoro e mozzarella £7.90

Bruschetta with fresh tomatoes, buffalo mozzarella, garlic and basil

### Zucchine fritte £7.80

Deep fried courgettes served with a spicy tomato dip

### Patatine fritte £4.50

French fries

### Olives (V+) £3.50

### Antipasto di campagna £15.20 (for two or more to share)

Parma ham, coppa, salami, mortadella, mozzarella cheese, pesto, marinated peppers, cherry tomatoes, olives and various breads

## INSALATE (SALADS)

### Insalata mista (V) £5.50

Mixed salad

### Insalata di pomodori e cipolle (V+) £5.50

Tomato and onion salad

### Mozzarella tricolore £10.10

Buffalo mozzarella, tomato and avocado salad

### Insalata di rucola e grana £5.60

Rocket and grana padano cheese salad

### Insalata primavera (V) £12.50

Avocado, egg, goat cheese and mixed leaf salad

### Insalata nizzarda £12.50

Tuna fish, eggs, anchovies, black olives served on a bed of mixed lettuce served with tomatoes and potatoes

### Insalata di avocado e gamberetti £12.50

Avocado and prawn salad served with a marie rose sauce

### Tagliata di pollo £15.90

Sliced char grilled breast of chicken served on a bed of mixed salad

### Tagliata di manzo £21.80

Sliced char-grilled sirloin steak served on a bed of rocket with shaves of parmesan

### Salmone con crosta alle erbe £17.70

Fillet of scotch salmon topped with a herb and breadcrumb crust grilled then served on a bed of mixed salad

*(All our salads are accompanied by extra virgin olive oil and balsamic vinegar)*

## PANE (BREAD) (Our breads are baked to order)

### Bread and butter (V) £2.60

### Pane all' aglio (V) £4.30

Garlic bread

### Pane all' aglio con mozzarella (V) £5.50

Garlic bread with mozzarella cheese

### Pizzetta al rosmarino (V+) £5.70

Pizza base with fresh rosemary and extra virgin olive oil

### Pizzetta con mozzarella (V) £6.80

Pizza base with mozzarella cheese

### Pizzetta con pomodoro e aglio (V+) £6.70

Pizza base with tomato and fresh garlic

*If you have any food allergies, please let us know. Allergen information is available on request.*

## **CARNE (MEAT)**

### **Filetto di manzo alla griglia £24.90**

Grilled fillet steak

### **Medaglioni al pepe verde £25.10**

Medallions of fillet steak cooked in a cream, green peppercorn and brandy sauce

### **Bistecca al chianti £21.80**

Grilled sirloin steak cooked in a mushroom and red wine sauce

### **Bistecca alla pizzaiola £21.80**

Grilled sirloin steak with a garlic, tomato, oregano and parsley sauce

### **Lombata di agnello al marsala e funghi £20.50**

Pan fried loin of lamb served in a marsala wine, cream and mushroom sauce with mashed potato

### **Scaloppina alla milanese £16.70**

Bread crumbed escalope of veal served with spaghetti in a tomato sauce

### **Saltimbocca alla romana £16.70**

Escallops of veal with marsala wine, parma ham and sage

### **Scaloppina alla rocco £16.70**

Escalope of veal topped with ham, red peppers, fontina cheese, pan fried then served with a white wine sauce

### **Scaloppina ai funghi e panna £16.70**

Escalope of veal cooked in a cream and mushroom sauce

### **Petto di pollo alla valdostana £15.90**

Breast of chicken grilled in tomato, ham and mozzarella cheese

### **Pollo san giorgio £15.90**

Goujons of chicken breast cooked in a asparagus, tomato, white wine and cream sauce

### **Pollo alla siciliana £15.90**

Goujons of chicken breast cooked with garlic, tomatoes and aubergines

### **Fegato al burro e salvia £17.50**

Pan fried calves liver with butter and sage

*(All meat main courses are served with a selection of fresh vegetables and potatoes except Scaloppina alla Milanese which is served with spaghetti al pomodoro)*

## **PESCE (FISH)**

### **Branzino al timo £17.70**

Pan-fried sea bass fillets served with extra virgin olive oil, diced fresh tomato and thyme

### **Branzino al zenzero £17.70**

Pan fried sea bass fillets with garlic, chilli and ginger

### **Coda di rospo al pepe rosa £19.90**

Medallions of monk fish cooked in white wine with cream and pink peppercorns

### **Coda di rospo allo zafferano £19.90**

Medallions of monk fish cooked in a white wine, clams, saffron and cream sauce

### **Salmone alla fiorentina £17.70**

Grilled fillet of salmon on a bed of spinach with a white wine and cream sauce

### **Salmone primavera £17.70**

Grilled fillet of salmon served on a bed of roasted vegetables and balsamic vinegar

### **Sardine all' aglio £16.70**

Pan-fried sardines served in a garlic and white wine sauce

*(All fish main courses are served with a selection of fresh vegetables and potatoes)*

*If you have any food allergies, please let us know. Allergen information is available on request.*

## GLUTEN FREE MENU

### **Minestrone (V+) £6.90**

Fresh vegetable soup

### **Affettato misto £10.95**

A selection of Italian meats

### **Insalata tricolore £10.10**

Avocado, tomato and buffalo mozzarella salad

### **Pasta al limone e gamberi £13.90**

Gluten free pasta served with a King prawn, cream, chive, saffron, lemon zest and Grana Padano cheese sauce

### **Petto di pollo alla griglia con pasta al pesto £15.90**

Grilled slices of chicken breast served with spaghetti in a pesto sauce and a salad garnish

***(All of our pasta sauces are available with gluten free pasta)***

### **Pizza margherita £9.80**

Our own gluten free pizza base topped with tomato sauce, mozzarella cheese and fresh basil

### **Pizza alla contadina £12.30**

Our own gluten free pizza base topped with tomato sauce, mozzarella cheese, spicy Italian sausage, sliced tomato and fresh spinach

***(All of our pizza toppings are available on our own gluten free pizza base)***

### **Macedonia di frutta fresca (V+) £7.00**

Fresh fruit salad

### **Crème caramel (V) £7.00**

Crème caramel

### **Torta al mandarino e cioccolato (V+) £7.00**

Chocolate satsuma cake served with Greek style yoghurt

### **Peroni gluten free lager 330ml £4.90**

## VEGAN MENU

*(more choices available in the other menus)*

### **Insalata di avocado con fagioli e pane carasau (V+) £8.90**

Avocado and bean salad served with Sardinian flat bread

### **Funghi al Pomodoro (V+) £8.90**

Wild mushrooms cooked with virgin olive oil then served with a tomato, hint of chilli and parsley

\*\*\*\*\*

### **Penne all' Arrabbiata (V+) £10.40**

Pasta quills in a virgin olive oil, garlic, white wine, chilli and tomato sauce

### **Spaghetti al pesto Genovese (V+) £11.00**

Spaghetti with a pesto sauce

### **Pizza mediterranea (V+) £12.30**

Pizza topped with a tomato sauce, vegan cheese, olives, capers, onion and diced tomato

### **Pizza funghi rucola e noci (V+) £12.30**

Pizza topped with a tomato sauce, vegan cheese, mushrooms, rocket and walnuts

### **Risotto ai funghi e zafferano (V+) £13.10**

Organic brown rice risotto with mushrooms and saffron

\*\*\*\*\*

### **Macedonia di frutta fresca (V+) £7.00**

Fresh fruit salad

### **Torta al mandarino e cioccolato (V+) £7.00**

Chocolate satsuma cake

*If you have any food allergies, please let us know. Allergen information is available on request.*

## **PASTA, GNOCCHI E RISOTTO**

### **Spaghetti al pomodoro (V+) £10.40**

Spaghetti with a tomato sauce

### **Spaghetti alla bolognese £11.70**

Spaghetti with a tomato, minced beef and herb sauce

### **Spaghetti alla carbonara £12.80**

Spaghetti with Italian bacon, egg and grana padano cheese

### **Spaghetti dello chef £12.80**

Spaghetti with garlic, parma ham, mushroom, tomato, cream, fresh basil and grana padano cheese

### **Spaghetti alle polpette £12.90**

Spaghetti with meatballs in a tomato sauce

### **Spaghetti alla marinara £14.40**

Spaghetti with a tomato, seafood and garlic sauce

### **Penne all' amatriciana £12.80**

Penne with a tomato, onion, bacon and black pepper sauce

### **Penne vegetariane (V+) £12.80**

Penne with a tomato, sun-dried tomato, mixed roasted vegetable and garlic sauce

### **Penne alle due salsicce £13.80**

Penne with luganega sausage and spicy sausage in a tomato, garlic, herb and hint of chilli sauce

### **Penne alla pizzaiola £14.70**

Penne with strips of beef fillet and a tomato, garlic, virgin olive oil, white wine and oregano sauce

### **Tagliatelle al salmone e spinaci £13.80**

Tagliatelle with fresh salmon and a spinach, grana padano cheese and cream sauce

### **Tagliatelle mare e monti £13.80**

Tagliatelle in a mushroom, prawn, tomato, cream and garlic sauce

### **Tagliatelle del Vittorio £13.80**

Tagliatelle with a hint of chilli, white wine, broccoli, king prawn, garlic and extra virgin olive oil

### **Tagliatelle al pollo e funghi £13.80**

Tagliatelle with a chicken, wild mushrooms, sun-dried tomato and cream sauce

### **Tortelloni ai funghi e panna £13.90**

Tortelloni with a mushroom, cream and grana padano cheese sauce

### **Tortelloni con asparagi e zafferano £13.90**

Tortelloni with fresh asparagus, cream, saffron and grana padano cheese

### **Tortelloni aurora £13.79**

Tortelloni with tomatoes, cream and grana padano cheese

### **Lasagna al forno £13.60**

Layers of pasta with bolognese, bechamel and grana padano cheese.

### **Lasagna vegetariana con spinaci e funghi (V) £13.60**

Vegetarian lasagne with mushrooms and spinach

### **Cannelloni ricotta e spinaci £13.60**

Rolls of pasta filled with ricotta cheese and spinach in a béchamel sauce

### **Gnocchi alla cacciatora £13.60**

Home-made potato dumplings with a tomato, minced beef and mushroom sauce

### **Gnocchi al gorgonzola e rucola £13.60**

Home-made small potato dumplings with a cream, tomato and gorgonzola cheese sauce finished with rocket

### **Risotto alla marinara £15.50**

Brown rice risotto with a seafood sauce

***(Gluten free pasta is available with all the above sauces)***

*If you have any food allergies, please let us know. Allergen information is available on request.*

## **PIZZA**

### **Pizza margherita (V) £9.80**

Tomato, mozzarella and fresh basil

### **Pizza margherita doc £11.80**

Tomato, buffalo mozzarella and fresh basil

### **Pizza napoletana £11.20**

Tomato, mozzarella, anchovies, capers and black olives

### **Pizza ai funghi £11.20**

Tomato, mozzarella and mushrooms

### **Pizza ai 4 formaggi £11.20**

Tomato, mozzarella, goat's cheese, blue cheese and cheddar

### **Pizza dell' ortolano £11.20**

Tomato, mozzarella, roasted aubergines, peppers and courgettes

### **Pizza ai gamberetti £12.30**

Tomato, prawns, mozzarella, fresh herbs and garlic

### **Pizza al tonno £12.30**

Tomato, mozzarella, tuna fish, olives and garlic

### **Pizza gorgonzola £12.80**

Tomato, chicken, mozzarella, gorgonzola cheese and spinach

### **Pizza piccante £12.30**

Tomato, mozzarella, Italian spicy sausage and fresh chilli

### **Pizza fiorentina (V) £12.20**

Tomato, mozzarella, spinach, egg and black olives

### **Pizza prosciutto e funghi £12.80**

Tomato, mozzarella, ham and mushrooms

### **Pizza 4 stagioni £12.30**

Tomato, mozzarella, mushrooms, anchovies, egg and Italian spicy sausage

### **Pizza bianca alla luganega £12.80**

Plain Pizza (no tomato sauce) with luganega sausage, gorgonzola cheese, mozzarella and cherry tomatoes

### **Calzone £12.80**

Rolled pizza filled with tomatoes, mozzarella, mushrooms, ham and Italian spicy sausage.

### **Calzone vegetariano (V) £12.80**

Rolled pizza with a tomato sauce, peppers, goats cheese, aubergine, courgette and mozzarella cheese filling served on a tomato sauce

### **Pizza emiliana £13.10**

Tomato, mozzarella, parma ham, rocket salad and grana padano cheese

### **Principessa £13.10**

Tomato, mozzarella, fresh asparagus, ham and strips of grilled chicken

### **Gabriele £12.80**

Tomato, mozzarella, mushrooms, Italian spicy sausage, ham, onions, black olives and grilled artichokes

### **Pizza al formaggio di capra £12.30**

Tomato, goat's cheese, red onion marmalade and sun-dried tomatoes

**Small margherita Pizza £8.10, any other small pizza £10.10**

**Extra topping at £2.80 each.**

**Parma ham, king prawn or chicken topping £3.30 (on pizzas only)**

***(Gluten free pizza base available with any of the above toppings)***

*If you have any food allergies, please let us know. Allergen information is available on request.*

## DESSERTS

### **Tiramisu (V) £7.00**

Coffee flavoured sponge, strega and mascarpone desert

### **Crostata di Miele (V) £7.00**

Apple tart served with Greek yoghurt

### **Macedonia di frutta fresca (V+) £7.00**

Fresh fruit salad served with Greek yoghurt

### **Bigne al cioccolato £7.00**

Profiteroles filled with whipped cream and tipped with chocolate sauce

### **Torta al mandarino e cioccolato (V+) £7.00**

Chocolate satsuma cake served with Greek yoghurt

### **Torta della Nonna (V) £7.00**

Vanilla custard tart with a roasted pine topping served with Greek Yoghurt

### **Panna cotta al caramello £7.00**

Traditional Piemontese dessert with caramel

### **Creme caramel (V) £7.00**

Cream caramel

## ACQUA MINERALE & SOFT DRINKS

**Sparkling mineral water 75cl £4.70**

**Still mineral water 75cl £4.70**

**Cola £2.90**

**Appletiser £3.40**

**San Pellegrino Orange £3.40**

**J20 £3.40**

*If you have any food allergies, please let us know. Allergen information is available on request.*