



## Antipasti (Starters)

### Zuppa di pesce £7.50

Home-made fish soup served with croutons

### Minestrone dell' ortolano (V+) £6.30

Homemade fresh vegetable soup

### Prosciutto e melone £9.90

Authentic parma ham and melon

### Formaggio di capra con verdure alla griglia (V) £9.90

Grilled goats cheese served on a bed of roasted vegetables with a sun-dried tomato

### Funghetti trifolati (V) £7.40

Mushrooms cooked with extra virgin olive oil, garlic and parsley

### Melanzane alla parmigiana £9.90

Layers of baked aubergine, tomato, fior di latte mozzarella and grana padano cheese

### Avocado alla cardinale £9.80

Avocado pear with smoked salmon and prawns on a bed of mixed leaf served with a marie-rose sauce

### Patè della casa £8.50

Homemade liver pate

### Calamari fritti £8.90

Deep fried squid served with a tartare sauce

### Cozze alla san benedettese £9.60

Fresh mussels in a white wine, tomato and garlic sauce with a hint of chilli

### Sardine all' aglio £8.90

Pan-fried sardines served in a garlic and white wine sauce

### Argentini £8.90

Deep fried white bait served with a tartare sauce

### Asparagi alla parmigiana £9.30

Fresh asparagus served with melted butter and grana padano cheese

### Bruschetta pomodoro e mozzarella £7.10

Bruschetta with fresh tomatoes, buffalo mozzarella, garlic and basil

### Zucchine fritte £6.90

Deep fried courgettes served with a spicy tomato dip

### Patatine fritte £4.00

French fries

### Olives (V+) £3.20

### Antipasto di campagna £13.80 (for two or more to share)

Parma ham, coppa, salami, mortadella, mozzarella cheese, pesto, marinated peppers, cherry tomatoes, olives and various breads

## Insalate (Salads)

### Insalata mista (V) £4.80

Mixed salad

### Insalata di pomodori e cipolle (V+) £4.80

Tomato and onion salad

### Mozzarella tricolore £9.00

Buffalo mozzarella, tomato and avocado salad

### Insalata di rucola e grana £4.90

Rocket and grana padano cheese salad

### Insalata primavera (V) £10.80

Avocado, egg, goat cheese and mixed leaf salad

### Insalata nizzarda £10.80

Tuna fish, eggs, anchovies, black olives served on a bed of mixed lettuce served with tomatoes and potatoes

### Insalata di avocado e gamberetti £10.80

Avocado and prawn salad served with a marie rose sauce

### Tagliata di pollo £15.60

Sliced char grilled breast of chicken served on a bed of mixed salad

### Tagliata di manzo £21.10

Sliced char-grilled sirloin steak served on a bed of rocket with shaves of parmesan

### Salmone con crosta alle erbe £16.90

Fillet of scotch salmon topped with a herb and breadcrumb crust grilled then served on a bed of mixed salad

*(All our salads are accompanied by extra virgin olive oil and balsamic vinegar)*

## **PANE (BREAD)** *(Our breads are baked to order)*

**Bread and butter (V) £2.30**

**Pane all' aglio (V) £3.80**

Garlic bread

**Pane all' aglio con mozzarella (V) £4.90**

Garlic bread with mozzarella cheese

**Pizzetta al rosmarino (V+) £5.00**

Pizza base with fresh rosemary and extra virgin olive oil

**Pizzetta con mozzarella (V) £6.10**

Pizza base with mozzarella cheese

**Pizzetta con pomodoro e aglio (V+) £5.80**

Pizza base with tomato and fresh garlic

## **Carne (Meat)**

**Filetto di manzo alla griglia £24.70**

Grilled fillet steak

**Medaglioni al pepe verde £24.90**

Medallions of fillet steak cooked in a cream, green peppercorn and brandy sauce

**Bistecca al chianti £21.10**

Grilled sirloin steak cooked in a mushroom and red wine sauce

**Bistecca alla pizzaiola £21.10**

Grilled sirloin steak with a garlic, tomato, oregano and parsley sauce

**Lombata di agnello al marsala e funghi £18.90**

Pan fried loin of lamb served in a marsala wine, cream and mushroom sauce with mashed potato

**Scaloppina alla milanese £16.10**

Bread crumbed escalope of veal served with spaghetti in a tomato sauce

**Saltimbocca alla romana £16.10**

Escalops of veal with marsala wine, parma ham and sage

**Scaloppina alla rocco £16.10**

Escalope of veal topped with ham, red peppers, fontina cheese, pan fried then served with a white wine sauce

**Scaloppina ai funghi e panna £16.10**

Escalope of veal cooked in a cream and mushroom sauce

**Petto di pollo alla valdostana £15.50**

Breast of chicken grilled in tomato, ham and mozzarella cheese

**Pollo san giorgio £15.50**

Goujons of chicken breast cooked in a asparagus, tomato, white wine and cream sauce

**Pollo alla siciliana £15.50**

Goujons of chicken breast cooked with garlic, tomatoes and aubergines

*(All meat main courses are served with a selection of fresh vegetables and potatoes except Scaloppina alla Milanese which is served with spaghetti al pomodoro)*

## **Pesce (Fish)**

**Branzino al timo £16.10**

Pan-fried sea bass fillets served with extra virgin olive oil, diced fresh tomato and thyme

**Branzino al zenzero £16.10**

Pan fried sea bass fillets with garlic, chilli and ginger

**Coda di rospo al pepe rosa £19.40**

Medallions of monk fish cooked in white wine with cream and pink peppercorns

**Coda di rospo allo zafferano £19.40**

Medallions of monk fish cooked in a white wine, clams, saffron and cream sauce

**Salmone alla fiorentina £16.80**

Grilled fillet of salmon on a bed of spinach with a white wine and cream sauce

**Salmone primavera £16.80**

Grilled fillet of salmon served on a bed of roasted vegetables and balsamic vinegar

**Sardine all' aglio £15.40**

Pan-fried sardines served in a garlic and white wine sauce

*(All fish main courses are served with a selection of fresh vegetables and potatoes)*

## Gluten Free Menu

### Minestrone (V+) £6.30

Fresh vegetable soup

### Affettato misto £9.80

A selection of Italian meats

### Insalata tricolore £9.00

Avocado, tomato and buffalo mozzarella salad

### Pasta al limone e gamberi £12.30

Gluten free pasta served with a King prawn, cream, chive, saffron, lemon zest and Grana Padano cheese sauce

### Petto di pollo alla griglia con pasta al pesto £15.50

Grilled slices of chicken breast served with linguine in pesto sauce and a salad garnish

*(All of our pasta sauces are available with gluten free pasta)*

### Pizza margherita £8.50

Our own gluten free pizza base topped with tomato sauce, mozzarella cheese and fresh basil

### Pizza alla contadina £11.00

Our own gluten free pizza base topped with tomato sauce, mozzarella cheese, spicy Italian sausage, sliced tomato and fresh spinach

*(All of our pizza toppings are available on our own gluten free pizza base)*

### Macedonia di frutta fresca (V+) £6.50

Fresh fruit salad

### Crème caramel (V) £6.50

Crème caramel

### Torta al mandarino e cioccolato (V+) £6.50

Chocolate satsuma cake served with vanilla ice cream or vegan ice cream

### Peroni gluten free lager 330ml £4.95

## Vegan Menu *(more choices available in the other menus)*

### Insalata di avocado con fagioli e pane carasau (V+) £7.50

Avocado and bean salad served with Sardinian flat bread

### Funghi al Pomodoro (V+) £7.50

Wild mushrooms cooked with virgin olive oil then served with a tomato, hint of chilli and parsley

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### Penne al L'arrabbiata (V+) £9.90

Pasta quills in a virgin olive oil, garlic, white wine, chilli and tomato sauce

### Spaghetti al pesto Genovese (V+) £9.90

Spaghetti with a pesto sauce

### Pizza mediterranea (V+) £10.90

Pizza topped with a tomato sauce, vegan cheese, olives, capers, onion and diced tomato

### Pizza funghi rucola e noci (V+) £10.90

Pizza topped with a tomato sauce, vegan cheese, mushrooms, rocket and walnuts

### Risotto ai funghi e zafferano (V+) £11.90

Organic brown rice risotto with mushrooms and saffron

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### Macedonia di frutta fresca (V+) £6.50

Fresh fruit salad with vegan ice cream

### Torta al mandarino e cioccolato (V+) £6.50

Chocolate satsuma cake served with vanilla ice cream or vegan ice cream

### Gelato (V+) £5.50

Vegan ice cream

### Sorbetto al lamponi (V+) £5.50

Sorbet

## **Pasta**

### **Spaghetti al pomodoro (V+) £9.20**

Spaghetti with a tomato sauce

### **Spaghetti alla bolognese £10.40**

Spaghetti with a tomato, minced beef and herb sauce

### **Spaghetti alla carbonara £11.30**

Spaghetti with Italian bacon, egg and grana padano cheese

### **Spaghetti dello chef £11.50**

Spaghetti with garlic, parma ham, mushroom, tomato, cream, fresh basil and grana padano cheese

### **Spaghetti alle polpette £11.30**

Spaghetti with meatballs in a tomato sauce

### **Spaghetti alla marinara £12.90**

Spaghetti with a tomato, seafood and garlic sauce

### **Penne all' amatriciana £11.30**

Penne with a tomato, onion, bacon and black pepper sauce

### **Penne vegetariani (V+) £11.30**

Penne with a tomato, sun-dried tomato, mixed roasted vegetable and garlic sauce

### **Penne alla monzese £12.30**

Penne with luganega sausage in a cream, saffron and grana padano cheese sauce

### **Penne alle due salsicce £12.30**

Penne with luganega sausage and spicy sausage in a tomato, garlic, herb and hint of chilli sauce

### **Penne alla pizzaiola £13.20**

Penne with strips of beef fillet and a tomato, garlic, virgin olive oil, white wine and oregano sauce

### **Tagliatelle al salmone e spinaci £12.30**

Tagliatelle with fresh salmon and a spinach, grana padano cheese and cream sauce

### **Tagliatelle mare e monti £12.30**

Tagliatelle in a mushroom, prawn, tomato, cream and garlic sauce

### **Tagliatelle del Vittorio £12.30**

Tagliatelle with a hint of chilli, white wine, broccoli, king prawn, garlic and extra virgin olive oil

### **Tagliatelle al pollo e funghi £12.30**

Tagliatelle with a chicken, wild mushrooms, sun-dried tomato and cream sauce

### **Tortelloni ai funghi e panna £12.40**

Tortelloni with a mushroom, cream and grana padano cheese sauce

### **Tortelloni con asparagi e zafferano £12.40**

Tortelloni with fresh asparagus, cream, saffron and grana padano cheese

### **Tortelloni aurora £12.40**

Tortelloni with tomatoes, cream and grana padano cheese

### **Lasagna al forno £11.90**

Layers of pasta with bolognese, bechamel and grana padano cheese.

### **Lasagna vegetariana con spinaci e funghi (V) £11.90**

Vegetarian lasagne with mushrooms and spinach

### **Cannelloni ricotta e spinaci £11.90**

Rolls of pasta filled with ricotta cheese and spinach in a béchamel sauce

### **Gnocchi alla cacciatora £11.90**

Home-made potato dumplings with a tomato, minced beef and mushroom sauce

### **Gnocchi al gorgonzola e rucola £11.90**

Home-made small potato dumplings with a cream, tomato and gorgonzola cheese sauce finished with rocket

### **Risotto alla marinara £13.80**

Brown rice risotto with a seafood sauce

## **Pizza**

### **Pizza margherita (V) £8.50**

Tomato, mozzarella and fresh basil

### **Pizza margherita doc £10.50**

Tomato, buffalo mozzarella and fresh basil

### **Pizza napoletana £9.90**

Tomato, mozzarella, anchovies, capers and black olives

### **Pizza ai funghi £9.90**

Tomato, mozzarella and mushrooms

### **Pizza ai 4 formaggi £9.90**

Tomato, mozzarella, goat's cheese, blue cheese and cheddar

### **Pizza dell' ortolano £9.90**

Tomato, mozzarella, roasted aubergines, peppers and courgettes

### **Pizza ai gamberetti £11.00**

Tomato, prawns, mozzarella, fresh herbs and garlic

### **Pizza al tonno £11.00**

Tomato, mozzarella, tuna fish, olives and garlic

### **Pizza gorgonzola £11.50**

Tomato, chicken, mozzarella, gorgonzola cheese and spinach

### **Pizza piccante £11.00**

Tomato, mozzarella, Italian spicy sausage and fresh chilli

### **Pizza fiorentina (V) £11.00**

Tomato, mozzarella, spinach, egg and black olives

### **Pizza prosciutto e funghi £11.00**

Tomato, mozzarella, ham and mushrooms

### **Pizza 4 stagioni £11.00**

Tomato, mozzarella, mushrooms, anchovies, egg and Italian spicy sausage

### **Pizza bianca alla luganega £11.50**

Plain Pizza (no tomato sauce) with luganega sausage, gorgonzola cheese, mozzarella and cherry tomatoes

### **Calzone £11.50**

Rolled pizza filled with tomatoes, mozzarella, mushrooms, ham and Italian spicy sausage.

### **Calzone vegetariano (V) £11.50**

Rolled pizza with a tomato sauce, peppers, goats cheese, aubergine, courgette and mozzarella cheese filling served on a tomato sauce

### **Pizza emiliana £11.80**

Tomato, mozzarella, parma ham, rocket salad and grana padano cheese

### **Principessa £11.80**

Tomato, mozzarella, fresh asparagus, ham and strips of grilled chicken

### **Gabriele £11.50**

Tomato, mozzarella, mushrooms, Italian spicy sausage, ham, onions, black olives and grilled artichokes

### **Pizza al formaggio di capra £11.00**

Tomato, goat's cheese, red onion marmalade and sun-dried tomatoes

**Small margherita Pizza £7.20, any other small pizza £9.00**

**Extra topping at £2.50 each.**

**Parma ham, king prawn or chicken topping £2.80 (on pizzas only)**

***(Gluten free pizza base available with any of the above toppings)***

## Desserts

### **Tiramisu (V) £6.50**

Coffee flavoured sponge, strega and mascarpone desert

### **Crostata di Miele (V) £6.50**

Apple tart served with Greek yoghurt

### **Macedonia di frutta fresca (V+) £6.50**

Fresh fruit salad served with Greek yoghurt

### **Bigne al cioccolato £6.50**

Profiteroles filled with whipped cream and tipped with chocolate sauce

### **Torta al mandarino e cioccolato (V+) £6.50**

Chocolate satsuma cake served with Greek yoghurt

### **Torta della Nonna (V) £6.50**

Vanilla custard tart with a roasted pine topping served with Greek Yoghurt

### **Panna cotta al caramello £6.50**

Traditional Piemontese dessert with caramel

### **Creme caramel (V) £6.50**

Cream caramel

## Acqua Minerale & Soft Drinks

**Sparkling mineral water 75cl £4.10**

**Still mineral water 75cl £4.10**

**Cola £2.60**

**Appletiser £3.10**

**San Pellegrino Orange £3.10**

**J20 £3.10**